

**New Jersey Behavioral Health Planning Council
Meeting Minutes,
September 12, 2018 10:00 A.M.**

Attendees:

Harry Coe (p)	Darlema Bey (Chair, pro-tem)	Joe Gutstein (p)	Thomas Pyle
Winifred Chain	Pamela Taylor	Patrica Matthews	Nick Loizzi
Barbara Johnston	Christopher Lucca	Susan Brocco (p)	Scott Kelsey
Damian Petino	Michael Ippoliti (p)	Heather Reid (p)	
Robin Weiss (p)	Maryanne Evanko	Suzanne Smith	
Tracy Maksel (p)	Michele Madiou	Vanessa Tortoreto	
Regina Sessoms (p)	Ksenia Lebedeva	Ellen Tanner (p)	

DMHAS, CSOC & DDD Staff:

Mark Kruszczyński Suzanne Borys Yunqing Li Geri Dietrich Stuart Waldorf

Guests:

**Louann Lukens Heather Reed Wendy Rodgers Alex Smuklavskiy
Rachel Morgan (p)**

(P) Indicates participation via conference call.

I. Welcome / Administrative Issues / Correspondence / Announcements

A. Quorum Reached: 24 out of 43 members (55.8% attendance)

II. Subcommittee Reports

A. Data & Outcomes Subcommittee: Is working on updating links for SHA housing website.

1. That website has changed and the links have been updated.
2. Descriptions are needed for each website that the Planning Council will link to SHA's website.

B. Membership Subcommittee:

1. Previously the BHPC (at the request of the Chair and Membership subcommittee) sent out a letter to Members of the Planning Council and Citizens Advisory Board who have not been consistently attending the meetings (3 individuals have voluntarily resigned/withdrawn their memberships from the Council: S. Harrigan, L. Meyer, Wagner).
2. Federal regulation requires Planning Council to be composed of at least 51% consumers / family members; all decisions regarding new membership must reflect this.

III. Mental Health Training Review of 2019 Community Mental Health and Substance Abuse Prevention Block Grants (CMHSBG & SAPBG) [All members of the public are encouraged to view the block grant application at: <https://bgas.samhsa.gov/> Username: citizennj, Password: citizen - this presentation is a walkthrough of that application, and members of the Council and public are encouraged to review the document]

A. Community Mental Health Block Grant (CMHBG): 2019

1. Table 2: State agency planned expenditures table, approximately \$15M
2. Table 6: Categories for expenditure for system development (Non-direct service activities). \$47,000 / \$15M = 0.3% (Costs related to staff activities related to the Planning Council, consumer survey, administrative overhead, and block grant reporting activities)

3. Question: How much CMHBG funds are used for consumer housing?
Answer: None; CMHBG regulations do not allow funds to be used for housing expenses.
 4. Environmental Factors and Plan: State Behavioral Health Planning/Advisory Council and Input on the Mental Health/Substance Abuse Block Grant Application. Reviewed.
 - a. BHPC Advisory Council Members. Reviewed. The sign-in sheets for the Planning Council updated in June 2018 to indicate that sign-in information provided by members will be included in Block Grant reporting. Address information for family/consumer members will be withheld from Block Grant reporting unless otherwise specified by the member.
 - b. BHPC Composition by Member type. Reviewed: Total Individuals in Recovery, Family Members & Others 63.64%, and Total State Employees and Others 36.36%
 5. Comments:
 - a. Desire to see planning documents in the application that are more family friendly. Response: This is a federal reporting document, therefore by definition it is somewhat dense. Regardless, the NJ State MH Planner will reach out to the SAMHSA Project Officer with that comment.
 - i. SAMHSA publishes its “Council Connect” newsletter
[https://mailchi.mp/4e339a0c81b9/state-ta-council-connect-resources-to-expand-the-impact-of-behavioral-health-planning-councils-610071?e=\[UNIQID\]](https://mailchi.mp/4e339a0c81b9/state-ta-council-connect-resources-to-expand-the-impact-of-behavioral-health-planning-councils-610071?e=[UNIQID])
[The link to subscribe to this electronic resource was emailed to the associates and members of Council on 9/14/18.]
 - ii. BHPC would like to receive Technical Assistance from SAMHSA on “Planning Council Role in Reviewing Block Grant Applications”.
 - iii. The NJ Children’s System of Care (CSC/DCF) has a family-friendly guide about their services and family appeal rights.
 - b. Concern that SAMSHA does not get out BG application guidance in a timely fashion, in such a way to allow DMHAS ample time to prepare the application, and ample time for the Planning Council to review it.
 6. Motion Made and Approved: To have the Planning Council make increased dedicated efforts to review and approve the Block Grant. [Note: There is a long-standing Block Grant Subcommittee of the Planning Council. Greater involvement of that subcommittee is encouraged by DMHAS].
- B. Substance Abuse Prevention Block Grant Application (SABG): 2019
1. Table 4: SABG Planned Expenditures 2019
 - a. HIV Early Intervention Services; NJ cannot allocate the funds as it previously did, so the funds will be reallocated elsewhere in community substance abuse prevention initiatives.
 2. Table 5b: SABG Primary Prevention Planned Expenditures by IOM Category
 3. Table 5c: SABG Planned Primary Prevention Targeted Priorities
 4. Table 6: Categories for Expenditures for Expenditures for System Development / Non-Direct Services Activities.
 5. Table 23: Syringe Services: No BG funds used for syringe services
 6. Invitation for public comment.

IV. 2017 Adult Consumer Perception of Mental Health Care Survey review, tabled for discussion at the October 10th meeting of the Planning Council

V. Announcements

A. DMHAS and CSOC were awarded \$1.6M over four years for Clinical High-Risk Psychosis (CHR-P) Grant.

1. This grant will support services for the prodromal (i.e., prior to the onset of a person's first psychotic episode) phase of the psychosis.

2. First Episode Psychosis (FEP) services supported by the Mental Health Block Grant, has been provided by Coordinated Specialty Care (CSC) program in New Jersey for two years.

B. Suicide Prevention Day recently held at Rutgers University

C. DMHAS Suicide Prevention Conference will be held on 9/13/18 at the Trenton War Memorial. This day-long event is for consumers, family members and mental health professionals and will feature: nationally-recognized leaders in suicide prevention, information tables, addresses by the Commissioners of the NJ Departments of Health, Human Services, Children & Families, and Corrections. In addition to keynote addresses, multiple break-out sessions/panels will be convened. Over 700 individuals have registered for this important event.

D. The Council honored with victims and families of the 9/11 terrorist attacks with a moment of silence.

VI. Meeting Adjourned

A. Next meeting of the NJ BHPC will be held on Wednesday, October 10, at 10:00 am at DMHAS Headquarters, 5 Commerce Way, Suite 100, room 199.

1. Subcommittee Meetings on 10/10/18:

a. 9:00 AM, TBD

b. 12:00 PM, TBD